



# MINISTERO DELL'INTERNO

## 1. Can I leave my home?

- You cannot leave your house without a valid reason. The limitations on movements are the same in all regions of Italy and are in effect from 10 March to 3 April 2020. There will be checks by police. Persons subject to quarantine or testing positive for the virus are absolutely prohibited from leaving their homes. If you have symptoms of a respiratory infection or a fever higher than 37.5 degrees, you are strongly recommended to stay at home, contact your general practitioner, and limit your contact with other people.

## 2. What are valid reasons for leaving my home?

- You can leave your home to go to work, for health reasons, or for necessities. To prove your need, you need to compile a self-certification form, which may also be provided by law enforcement officials, should they stop you. Any declaration you make regarding the purpose of your movement must be truthful and verifiable

## 3. If I am away from my home, can I return?

- Yes, remembering that you can then only leave your home for work, health reasons, or for necessities.

## 4. If I live in one municipality and work in another, can I go back and forth?

- Yes, if this is justifiable by proven work needs.

## 5. Can I use public transport?

- There are no blocks, at present, on any forms of public or private modes of transport.

## 6. Is it possible to go out and buy food?

- Yes, and there's no reason to hoard food because stores will always be restocked. There is no limit on the transportation of goods, so all goods – not just basic commodities – can be transported across Italy.



### 7. Can I leave my home to buy goods, other than food?

- Yes, but only those that are strictly necessary, so only to buy goods directly linked to time-bound, basic needs

### 8. Can I go and eat with my relatives?

- No, because this is not a basic necessity, so it doesn't qualify as a valid permissible reason to leave your home.

### 9. Can I go and help my dearly beloved dependent elders?

- Yes. However, remember that elderly people are the most vulnerable so try to protect them as much as possible from contact with others

### 10. Am I allowed to exercise outside?

- Outdoor exercise is allowed as long as an interpersonal distance of 1 meter is respected. In any case, you need to avoid gatherings.

### 11. Can I go out with my dog?

- Yes, to take care of their everyday physiological needs and for visits to the vet.

### 12. What happens to people who don't respect these rules?

- Violation of the rules is punishable by arrest and jail time of up to three months or with a fine of up to 206 EUR in line with Article 650 of the penal code regarding non-compliance with the provisions of an authority. More severe penalties are applicable to people who perform actions that constitute more serious offenses